

00:25:34 Chuck Blakeman: Connect with Scott! <https://www.scottfriedman.net/>

00:25:46 Chuck Blakeman: 1) Gratitude!

00:26:24 Chuck Blakeman: 2) Play - let go of the negative emotions!

00:26:51 Chuck Blakeman: 3) Surprise - the element of the unexpected!

00:28:52 Chuck Blakeman: Reinvent Your World

00:29:32 Chuck Blakeman: "Virtual" is an opportunity, not an obstacle

00:31:03 Tom Fanning: Occurred to me this weekend that "unprecedented" also = "unlimited"...pretty cool!

00:31:25 Chuck Blakeman: TrackYourHappiness - App

00:32:03 Chuck Blakeman: How are you defining the circumstances you are in? What stories are we telling ourselves right now?

00:32:55 Chuck Blakeman: Wake up thankful every morning - gratitude

00:36:22 Tom Fanning: for Scott: In your global travels have you noticed how our (U.S.) mindset is different/more/better/less/etc. than other areas around the world?

00:40:26 Chuck Blakeman: What are you excited about? What gift has COVID given in?

00:42:15 Chuck Blakeman: Wayne Kerr - check out his positive books!

00:49:31 Joan Denizot: hey breakout group one! Sorry— I disappeared! I'm excited about taking some of the profit I've earned this spring and reinvesting it in my business to build a community.

00:49:58 Joan Denizot: Means lots of public speaking and much more hands-on and less biz management.

00:50:11 Ruth Potts: Glad to hear Joan sounds like a great niche you have!

00:50:26 Joan Denizot: TY, Ruth

00:51:34 Tom Fanning: Gratitude...VERY powerful! AND yes!!! to Play...we forget as adults...what's that about???

00:52:09 Terry: It not what you get, it is how you handle what you get.

00:52:16 Ruth Potts: So true Tom, we need to be reminded :)

00:53:16 John Hayes: Well done Joan. Sounds like you discovered a great unserved niche. :-)

00:54:07 Joan Denizot: Thanks, John!

00:54:19 Kim Nitchman: so appreciated the aspect of community in our small group. I need more of that and it's only up to me to find it or make it happen

00:55:34 Karen Herman: chuck rocks 🎸🎤🎧🎹

00:55:57 Lara Allen: 3 to 5 Clubs are a great place to find community as business leaders!

00:56:06 Karen Herman: not serve us but service

01:00:10 mikes iphone: it is the same as in through the darkness comes much more light or beauty from ashes, without the thorns we rarely appreciate the rose, being grateful through the chaos

01:03:59 Paul Lufkin: Since the University is about to lose revenue...

01:04:19 Paul Lufkin: Ask for a waiver to take on the contract and pay them a referral fee

01:05:43 Joan Denizot: see if you have a colleague (not affiliated with the university) to do, you get a % of payment. With Univ. blessings, of course

01:08:08 Kim Nitchman: Thanks Scott!

01:08:15 Scott Friedman: Scott@ScottFriedman.net

01:08:45 Tom Fanning: Great stuff Scott...thanks for your presence today!

01:09:11 Ruth Potts: Thanks so much Scott and Chuck great way to start Monday!

01:09:13 Karen Herman: thank you 🙏 Scott

01:09:16 Sharon: Thank you Scott!

01:10:03 Megan: <https://freedommapping2020.eventbrite.com>

01:11:06 Megan: Special price for all you attending this call of \$59, \$97 for the general public :)

01:11:56 Terry: Planning does not create movement, movement create your plan.

01:12:36 Carey Lindeman: Thank you Scott for being on the call!

01:12:39 John Hayes: "When everything is going against you, remember that the airplane takes off against the wind, not with it." - Henry Ford

01:12:56 Ruth Potts: Good one John!

01:13:08 Tom Fanning: Love it John!

01:15:19 Tom Fanning: Fortified by Gratitude

01:15:25 JR: Thank you all, Chuck, and Scott!

01:15:32 Karen Herman: I think this has been a piece of Heaven

01:15:44 Paul Lufkin: Thank you Chuck!

01:15:50 Andy Massik: Thank you Chuck