

00:09:50 Megan Kauffman: Good morning everyone!
00:10:16 karen button: good morning
00:10:27 Tom Fanning: Good snowy morning Megan
00:10:46 Craig Sommer: I hear signs of life.
00:10:47 Jon Hokama: Hi Everyone!
00:10:55 Craig Sommer: Good morning
00:10:57 Megan Kauffman: Where did that 70 degree weather go?!
00:11:27 Matt Weeden: My cat wants to know the same thing, haha
00:12:12 Craig Sommer: Is this sufficient social distancing?
00:12:31 Megan Kauffman: I would say so!
00:12:43 Tom Fanning: Extreme
00:14:32 Thom and Sandy Corrigan: does anyone have a bottleneck today? A bottleneck is an issue, challenge or opportunity!
00:15:33 Thom and Sandy Corrigan: Let the wisdom of crowds help you!
00:16:45 Jon Hokama: Is audio on?
00:17:00 Chuck Blakeman: Yes, audio is on!
00:22:59 Matt Weeden: Ugh! You're a better man than I am
00:23:24 Gina's Laptop: It helps if you don't own a TV
00:27:56 karen button: Chuck
00:29:44 Samuel Taggart: The past 2 weeks I have reread:
00:29:53 Samuel Taggart: Who moved my cheese
00:30:03 Samuel Taggart: Rhinoceros Success
00:30:07 Samuel Taggart: The go- gotter
00:30:11 Jean-Marc Saint Laurent: Good series!
00:30:12 Samuel Taggart: The go-giver
00:30:15 karen button: Can you type out that quote and the name of the man from the concentration camp please
00:30:22 Bart Moyers: Chuck, please give title of those books again.
00:30:23 Samuel Taggart: and QBQ
00:31:04 Thom and Sandy Corrigan: netflix movie self made
00:33:02 Chuck Blakeman: Mark Thomas (and all) the books: The Art of Possibility - Zander and Zander, and Who Moved My Cheese? - Spencer Johnson, and finally, Self-Made in America, John McCormack
00:33:14 Chuck Blakeman: Quotes: Victor Frankl, holocaust survivor, and author of Man's Search for Meaning, "Everything can be taken from a man but one thing: the last of the human freedoms, to choose one's attitude in any given set of circumstances, to choose one's own way."
00:33:20 Chuck Blakeman: Our version: Circumstances don't make me who I am. How I respond to them, does.
00:42:11 Tom Fanning: Great work Kim!
00:42:32 Jon Hokama: Keep doing good , Kim!
00:42:51 Chuck Blakeman: If your bank doesn't have the paperwork from the SBA, you definitely should find another bank. They ALL got the final paperwork Friday afternoon, April 3. KeyBank is doing the best job right now of responding, followed closely by Commerce Bank (more of a regional bank).
00:43:50 Rob Sigmon: Bank of America has surprising done the best job for me!
00:46:51 Rob Sigmon: Do immunologists go to buffets?
00:47:08 Tom: they are the worst double dippers.
00:47:40 Matthew Strebe: We received the PPP funds Friday :)
00:47:55 Matthew Strebe: MidCountry Bank, great job.
00:48:21 Matthew Strebe: Small local bank.
00:48:43 Tom: were you previous customers?
00:49:01 Matthew Strebe: Yes, I'm sure that helped.
00:49:09 Matthew Strebe: We just switched from Wells Fargo.

00:49:18 Matthew Strebe: I think it was a good choice :)

00:51:01 Chuck Blakeman: If you open a checking account at a bank (like KeyBank), they are much more responsive to new customers than just someone trolling for a place to put in a funding application.

00:51:24 Tom: hi ben

00:52:05 Tom: ecological land use podcasts?

00:54:08 Tom: amen!

00:54:11 Chuck Blakeman: BTW - From Tom Fanning - thx, Tom! How to Keep Your Zoom Calls Private and Secure - <https://www.wired.com/story/keep-zoom-chats-private-secure/>

00:54:53 Paul Romig-Leavitt: I,Äm struggling with chasing ,Äüevery squirrel,Äù that this crisis has introduced. I,Äm wired to love new ideas and I can see a lot of opportunities but I,Äm starting to feel overwhelmed and I,Äm fighting to stay engaged. How do I keep my desperation from hijacking my energy? I also know I overestimate what I can accomplish in a day how to set reasonable exceptions for myself?

00:55:02 Kimball Productions: tom@kimballpro.com 720-284-4323
www.kimballpro.com

00:55:24 Bart Moyers: Sure I will go

00:56:22 Kimball Productions: set up video link:
<https://vimeo.com/kimballpro/review/404679746/2e426b2663>

00:57:25 Sharon: This is me as well!! Thanks for stepping forward Paul!

00:57:36 Kimball Productions: sample of what the finished product can look like: <https://vimeo.com/kimballpro/review/399268171/ce4b4769a9>

00:57:49 Jeff Emhoff: Paul, do you have any space in your routine for quiet, meditation or solitude? A time to let Spirit help you choose the things you should/could do?

00:57:49 Rob Sigmon: Are the other ideas you are having related to your core mission?

00:59:03 Jim Martini: so is the main issue "how to not overwhelm yourself with all the possibilities to adapt"?

00:59:53 Tom: stop thinking like a Labrador and think like a rat terrior

01:00:38 Chuck Blakeman: Yes, how not to get overwhelmed with great ideas

01:01:05 Jon Hokama: Paul, I just wrote a blog for business owners on setting up a rhythm for these times, an EverydayPilgrimage:
www.papashomellc.com

01:01:11 Tom Fanning: Develop an approach/a strategy that is often/always in front of each day from a place of "being complete with what's not finished" if that makes sense...giving yourself some space through each day to replenish...

01:01:28 Tom: we sang "Christ the Lord is rRisen Today" with a virtual world wide chior yesterday.

01:01:54 Jon Hokama: Cool, Tom!

01:02:30 Matthew Strebe: substancechurch.com

01:06:54 Tom: oh well. Next year I guess !

01:07:15 Gina's Laptop: from Deepak Chopra -paraphrase- 'Short term hope is better than long-term hope because present is only place you can take action.' - My take 'long-term fear also worse than short-term, as present moment is usually OK.'

01:07:31 Chuck Blakeman: Love that, Gina

01:07:47 Bart Moyers: Survival is the strongest instinct

01:08:34 william mcdonald,Äs iPhone: chucks quote planning does not create movement

01:08:44 william mcdonald,Äs iPhone: movement creates plannkng

01:08:59 Jean-Marc Saint Laurent: ,ÄðEverything can be taken from a human being except one thing.. the ability to choose your mindset,Äð

01:09:18 Rob Sigmon: Don't be a Labrador...which one thing energizes you the most AND helps you accomplish other big rocks?

01:09:50 Tom: love your neighbor!

01:09:56 Anne Van Natta: take away - make a list and prioritize.

01:10:26 John Hayes: Action. Nothing Happens Until Something Moves by Robert Ringer.

01:10:37 Tom Fanning: Innovation is a capacity we all have...and is coming forth in the midst of these times rather than just on the margins

01:10:45 Kimball Productions: Guinness isn,Äðt the question... it,Äðs the answer. eh John?

01:11:45 Kris Ditson: This is the most important time to remain focused on our purpose in life, our Big Why, and our dreams. Live in these each day and the rest will fall into place

01:12:29 Tom: quarantini anyone?

01:13:14 Chuck Blakeman: www.3to5Club.com or Growt@3to5Club.co

01:13:23 Chuck Blakeman: Yes, Quarantinis all around! :)

01:14:09 Chuck Blakeman: Go out and howl at 8pm tonight to thank the healthcare workers and to demonstrate your own lion or lioness!

01:14:16 Jon Hokama: This was great--thanks Corrigans and Chuck and everyone!!

01:14:35 John Hayes: ,ÄúOften it,Äðs the deepest pain which empowers you to grow into your highest self.,Äù ,Äî Karen Salmansohn

01:14:42 Chuck Blakeman: Invite others - we need thousands on this call - they need this, too

01:14:55 Chuck Blakeman: Worth repeating - Often it,Äðs the deepest pain which empowers you to grow into your highest self.,Äù ,Äî Karen Salmansohn

01:14:58 John Hayes: Agreed Chuck.

01:15:03 Jon Hokama: It's not just what you can give to others: it's OK to give the gift of need.

01:15:05 Craig Sommer: Nice job! Thank you.Good to see you all.

01:15:11 Paul Romig-Leavitt: Thanks gang!

01:15:21 Jean-Marc Saint Laurent: Keep going!

01:15:28 Shawn Williams: Thank you